

Engage!

A Newsletter Exclusively for **Ambassadors**
by Roth Staffing Companies, L.P.



Photo submitted by:
Our Account Executive, Ultimate Staffing

Ultimate Staffing Services • Ledgent • Adams & Martin Group

February 2009



Falling in Love with your Job

“If you can’t be in the job you love... Love the job you’re in (or the way you do it)”

You are ultimately responsible for how others see you at your job and how you feel about your job. When you love your job:

1. Your productivity will increase
2. Your “value” will increase
3. Your supervisor and senior management will think more highly of you
4. Your coworkers will enjoy being around you more

If you can’t quite say “I love my job,” here are some tips from our Service Managers at Ultimate Staffing, Ledgent and Adams & Martin Group on how to fall in love with your work:

Have a career plan

If you haven’t decided “what you want to be when you grow up,” sit down with your Service Manager and do some self-analysis.

Figure out what your end-goal is. Perhaps you are retired and your goal is more of a personal one that requires working to save or to keep you active. Regardless, have a life goal and determine how your current assignment fits into the scheme of things. Every assignment and every job can get you closer to both your career and personal goals. When you recognize the importance of your current job, you will have more passion for it.

Make it important

There is significance in every job. Even if all the full-time coworkers around you paint a picture of insignificance, see if you can find the importance in what your role is and begin to make, what may seem mundane, high priority. One of our Ambassadors was recently converted to a full-time Executive Assistant because of how much significance she put into the way she answered every phone call as a temporary receptionist. The customer told us that she changed the entire office environment and everyone around her started caring more about their job.

Your job does not define you, how you do it does

You can’t always control the situations you are faced with, but you can control the way in which you face these situations. So much can be said about how your attitude affects your personal happiness and the happiness of those you interact with. Any job can be done with passion and attention, but the mood you create in completing your job is critical.

Heart Facts

1. Women’s hearts beat faster than men’s.
2. Scientists have discovered that the longer a boy’s ring finger the less chance he has of having a heart attack.
3. The human heart can create enough pressure that it could squirt blood at a distance of thirty feet.
4. The human heart beats roughly 35 million times a year.
5. In a lifetime, the heart pumps about one million barrels of blood.
6. Most heart attacks occur between the hours of 8 and 9 AM.
7. The human heart weighs less than a pound.
8. People that suffer from gum disease are twice as likely to have a stroke or heart attack.

Trivia Winner

Congratulations to Reynand De Castro, Ambassador with our On-Premise branch at DIRECTV for being selected as the January Trivia Contest winner. He correctly answered American’s most common New Year’s resolution is to lose weight. He will receive a \$50 Gas Card. Download January’s *Engage!* from the Career Center:
www.ultimatestaffing.com
www.ledgent.com
www.adamsmartingroup.com

Engaging Hearts and Minds™

We’d love for you to share your engaging photos with us! Please visit www.ultimatestaffing.com, www.ledgent.com, or www.adamsmartingroup.com to learn how.



Ambassador of the Month

RHONDA CARSON-JONES, Ledgent
West Palm Beach, FL

"You've got to take the negatives and turn them into positives!" That's how our Ambassador of the Month, Rhonda Carson-Jones, approaches every aspect of her life. From her work to her family to her volunteerism in the community, Rhonda has a gift for finding the good in everything that comes her way.

Rhonda has been on assignment at FPL Energy's Accounts Payable department since June 2008, her first assignment through Ledgent. She has continually impressed her supervisor and coworkers with her diligence, knowledge and positive attitude. "I like to work and stay busy!" Rhonda explains with characteristic enthusiasm. She attributes much of her success to her focus on the task at hand. "I try to get things done as they come in, and never procrastinate."

Not surprisingly, Rhonda also keeps busy outside of work. She is devoted to her family and loves spending time with her children and grandchildren. "I always taught my kids that you have to work hard and be positive," she explains. "Try to be the best you can at what you do, and always be thankful for what you have." Rhonda is instilling those same valuable lessons into her seven grandchildren. She loves going to the park, sewing, cooking, baking or doing craft projects with them.

Rhonda gives back to her neighborhood, staying actively involved in her church and volunteering for grassroots community organizations to mentor and counsel children in need. With her empathy and message of gratitude, she finds herself naturally drawn to helping others who need a positive influence in their lives.

"Try to be the best you can at what you do, and always be thankful for what you have."

"In addition to her warm personality, Rhonda is a very positive and thankful individual, who brings a smile to each of us," says Pauline Meyer, Service Manager for Ledgent's Palm Beach branch. Even through adversity, Rhonda is a positive force. "Rhonda had a health scare earlier this year," Pauline says. "Through it all, she remained uplifting, focused and diligent with her work."

Ledgent has been a great match for Rhonda's own caring, can-do personality. "Everyone at the branch is so friendly, and I could tell from the beginning they really cared about me as a person," she says. "They helped me with the questions I had, called to check up and make sure I was doing okay, and found me an assignment that was a great match for my skills."

Congratulations to Rhonda Carson-Jones – our Ambassador of the Month for February!

Trivia Contest

Internationally, how many Valentine's Day cards are exchanged each year?

- A. 1 billion
- B. 1,000
- C. 100,000
- D. 2 trillion

For an opportunity to win a \$50 gas card, please submit your answer including your name and branch location in the email with the subject line "February Trivia Contest" to: contest@rothstaffing.com by February 12, 2008. One winner* with the correct answer will be selected in a random drawing held at our corporate office.

**You must be a currently registered Ambassador with Roth Staffing Companies, L.P. to win.*

Comedy Corner

Word Play

I studied a long time to become a doctor, but I didn't have any patients.

I once worked as a lumberjack, but I just couldn't hack it, so they gave me the axe.

I used to work in a shoe factory. I tried but I just didn't fit in.

I became a professional fisherman, but discovered that I couldn't live on my net income.

I tried to be a chef. Figured it would add a little spice to my life, but I just didn't have the thyme.

My last job was working at a coffee shop, but I had to quit because it was always the same old grind.

I found being an electrician interesting, but the work was shocking.